

## 2009 - ASHLEY PATZER

Ashley Patzer has become a world traveler since the beginning of the 2008 rugby season. Already a winner of Canada West women's rugby titles, a national MVP award, 2009 U of L Pronghorns Female Athlete of the Year and a member of both the full and sevens senior national teams, Ashley added to her impressive resume this past year.

Captained by Patzer, the University of Lethbridge Pronghorns Women's rugby team won the CIS national title on home turf in the fall. Ashley was an All-Star and tournament MVP and undoubtedly the best player on the field in the final, scoring a try less than two minutes in and registering her second later in the game for the Hears comeback victory, 29-15 over St. Francis Xavier.

The Lethbridge native has become a mainstay in the women's national program as well, just recently representing Canada at the Sevens World Cup in Dubai, where the Canadian team finished sixth. She wound up fourth in tournament scoring, leading all Canadians with 38 points. The 21-year-old's emergence on the international stage in Dubai shows what she might be capable of as she is an integral part of the full national squad gearing up for the 2010 World Cup in England.

Regarded as a fixture internationally, Patzer's combination of speed and power will be on display next season with the Pronghorns, where she will captain the team to what they hope will be a third consecutive national title.



## 2009 - JIM STEACY



Jim Steacy had an outstanding year in his sport. He began his season surpassing the Olympics A+ standard on three occasions and breaking the Canadian record in hammer throw with a 79.13 meter toss. Jim also won his event at the Canadian National Track and Field Championships, smashing the Championship record in the process. This qualified Steacy for the 2008 Beijing Olympics where he placed fifth in the qualifying round and became the first Canadian in more than 84 years to qualify for the hammer throw final at the Olympics, placing 10th.

Jim then went on to finish his university career as one of the most decorated athletes in CIS history. He was undefeated in Canada West and CIS weight throw competition, ending his career with 18 medals in the weight throw and shot put events (16 being Gold Medals). Jim won his fifth Canada West and fifth CIS title in the weight throw event, won his eighth and ninth career Canada West major award (Athlete of the Year and Outstanding Male Performance) and fifth career CIS major award (Athlete of the Year).

Steacy set records in every Canada West conference and CIS National Championship meet he competed in over his 5 years of eligibility. His CIS record throw of 24.08 meters in the 35 lb weight throw event, ranks him fourth in the world. Jim was named Canada West All-Star and CIS All-Canadian nine times and for an unprecedented fifth time, University of Lethbridge Pronghorns Male Athlete of the Year.

## 2010 - ASHLEY PATZER

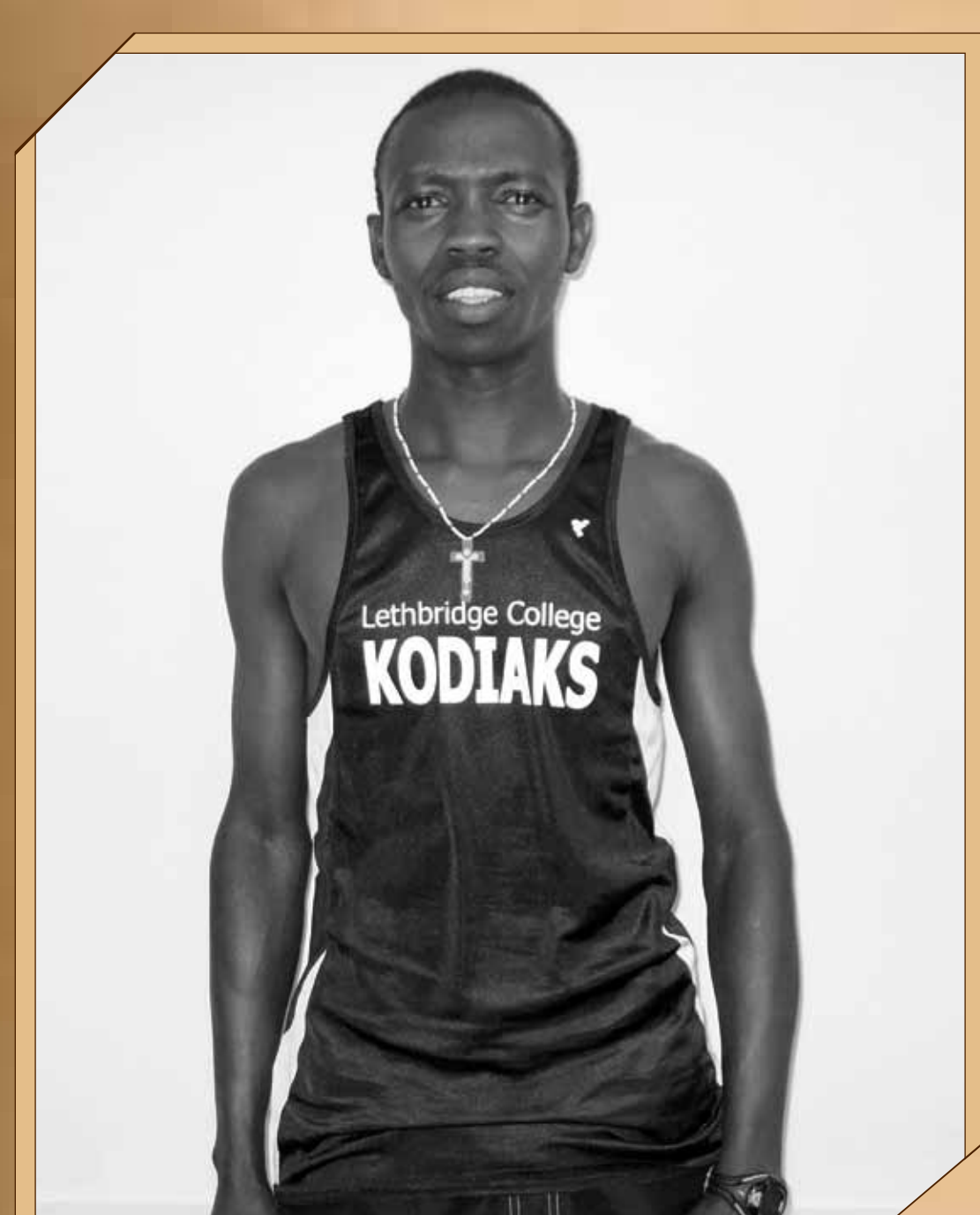
Ashley Patzer enjoyed another outstanding rugby season in 2009-2010. Patzer captained the U of L Pronghorn Women's rugby team on an undefeated run to their fourth consecutive Canada West championship and third consecutive CIS crown.

Along the way, Ashley picked up Canada West All-Star and Player of the Year honours, CIS All-Canadian, Championship Tournament All-Star and Player of the Year distinctions, she was also recognized as the University of Lethbridge Pronghorns 2010 Female Athlete of the Year.

Patzer's prowess extended past the border, as she joined Canada's Senior National Team on playing tours in France and the United States. Ashley also led Canada's Sevens Rugby team in scoring at the 2009 World Cup.



## 2010 - WILLY KIMOSOP



Willy Kimosop is the 2008 and 2009 Provincial (ACAC) and National (CCAA) 8km individual champion. He also led the Lethbridge College Kodiak Cross-Country running team to the ACC and CCA titles those two years. Every College Cross-Country race Kimosop entered in the past two years, he won, earning him Provincial and National accolades.

Several coveted road races over the past year, including the Vancouver Sun Run and Victoria's TC 10K, were dominated by Willy. Running and winning races against quality competition resulted in him being named the 2009 Road Race Male Athlete of the Year. More recently, Kimosop was victorious in the 2010 Harry Springs Vancouver 10K, the Moonlight 6K and the College 4 Mile runs.

Willy also showed his versatility last summer on the running track at the Pacific Track Classic races, where he ran a competitive 3:44min in the 1500m in Victoria.

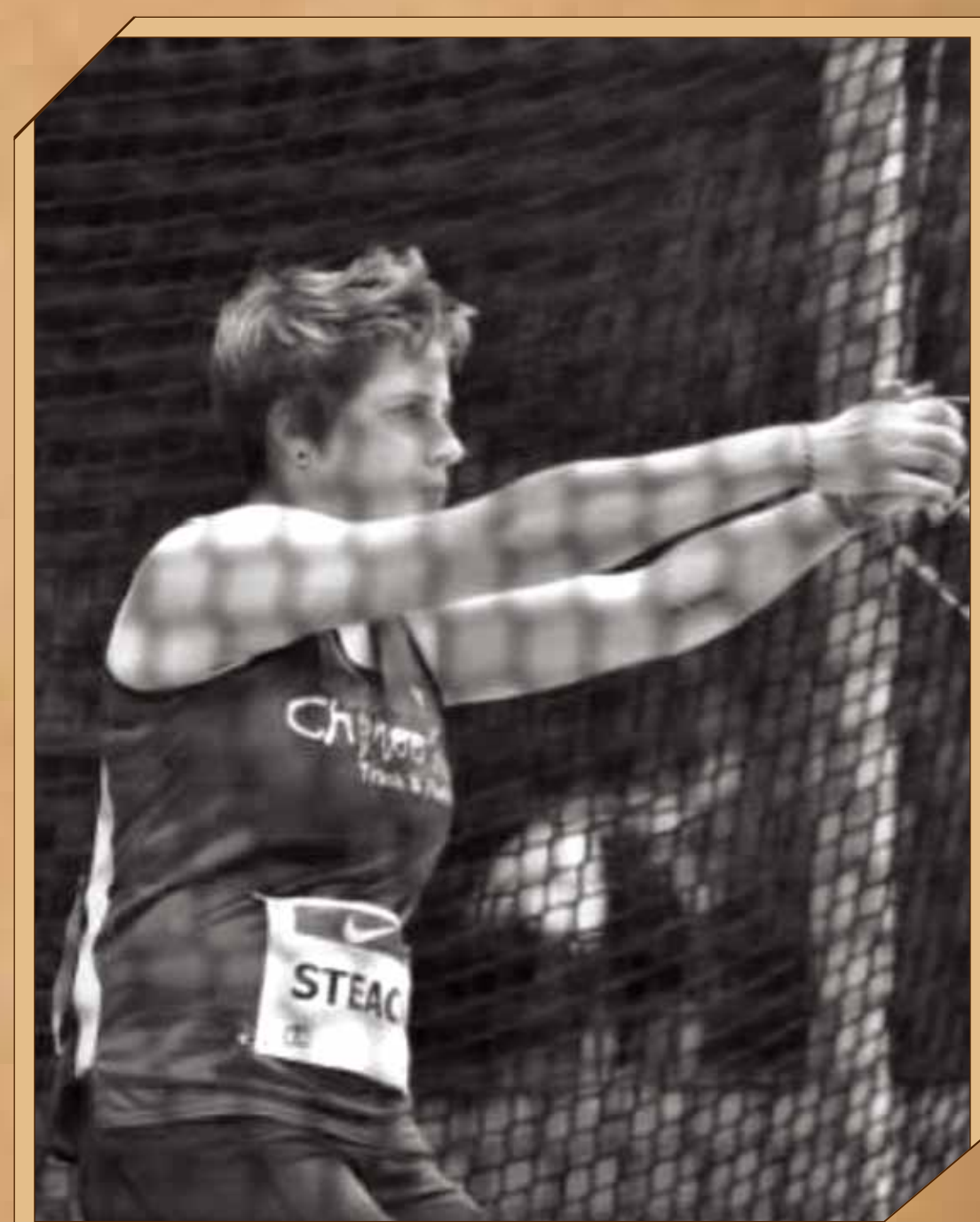
## 2011 - HEATHER STEACY

This past year showed Heather Steacy's exceptional athletic achievements in sport. During the 2010 outdoor competitive season, Heather competed at the North America, Central America, and Caribbean (NACAC) Championships where she threw a personal best of 67.20 metres to win the hammer throw event and establish a new NACAC record for the women's hammer.

During the 2010-2011 Canadian Interuniversity Sport (CIS) season, Heather became the first woman in CIS history to eclipse the 20 meter mark in the weight throw, with a toss of 20.28 metres.

At the Canada West Championship, she won gold for the fourth time, setting a new conference record of 19.82 metres in the process and was chosen Canada West Outstanding Female Performer of the Meet for the second time in her career. At the CIS Championships meet, Heather picked up a silver medal in her event and was named to the CIS All Canadian team. Heather was honoured as the 2011 University of Lethbridge Pronghorns Female Athlete of the Year for the second time in her career and as well, was selected the Lethbridge Sport Council Senior Female Athlete of the Year.

Heather now holds all of the Alberta Provincial records in both the weight throw event and hammer throw event, from midget through senior. As a result of her ongoing excellence in her sport, Heather has been selected by Athletics Canada for their Olympic Development Program.



## 2011 - MIKE HANSEN



Head Coach Mike Hansen has coached the Lethbridge College Kodiaks men's team for the past four seasons leading them to the play-offs each year including reaching the ACAC Final Four Championships twice, earning a silver and bronze medal. His overall record is 64-42. This year's team qualified for the 2011 CCAA National Championships in Durham, Ont. where they defeated UNBC, defending CCAA national champions, in the quarter-finals and then beat top ranked Vancouver Island Mariners to reach the national final for the first time since 1989. However, the team had to settle for a silver medal losing to Vanier College 102-85 in the final.

The Kodiaks overall record was 28-4 and Hansen was named ACAC Coach of the Year.

Mike Hansen moved to southern Alberta in 1990. He played four years of basketball at the University of Lethbridge and then served as an assistant coach for two years while earning degrees in History and Education and a Masters in Educational Leadership. Before taking over at Lethbridge College, Hansen spent 10 years as a successful local area high school coach and was also involved with Alberta's provincial program, serving as an assistant coach and winning a bronze medal at the 2001 Canada Games. Mike has always prided himself on running programs with integrity and class and was recognized for his efforts in 2000 when he was named the ASA Coach of the Year and was the first ever recipient of the NBA Canada Sportsmanship Award.

*Photo Courtesy of The Galt Museum & Archives*



1961 Lethbridge Figure Skating Club